

GROIN INJURIES FACTS AND FIGURES



BOTH THE BELGIAN CAPTAIN IT KOMPANY & ENGLISH CAPTAIN I GERRARD



WERE MANAGING

CHRONIC GROIN

NJURIES DURING THEIR WORLD CUP

CAMPAIGN

ALEX OXLADE

CHAMBERLAIN

MISSED MUCH OF THE 2013/14 SEASON WITH ATHLETIC **GROIN PAIN**





A number of Premier League Clubs lost players to athletic groin pain for 16 weeks or more, potentially costing them over

in wages alone



SPORTSMANS HERNIA, GILMORES GROIN, **OSTEIITIS PUBIS** AND **SLAPSHOT GROIN** depends which country you are in, all describe same problem

Terms used include







IN HIGH SPEED CHANGE OF DIRECTION

MISSING WITH GROIN PAIN ON OPENING WEEKEND

ALREADY HAD A PLAYER

DBIOMECHANIC ALLOWS ANALYSIS OF HIGH-SPEED SPORT SPECIFIC MOVEMENT

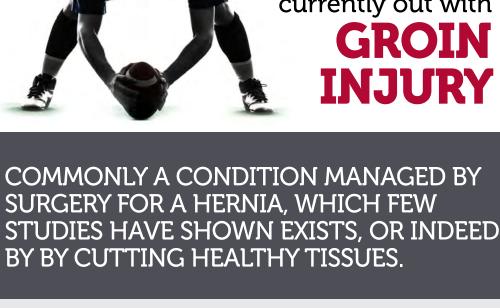


Caleb Sturges

GROIN

Miami Dolphins ŇFL \$2.3 million player is

currently out with



INJURY

TOM BARRASS West Coast Eagles WESTCOA AFL player is out for season with Groin Injury

SSC RESEARCH

recently submitted to British Journal of Sports Medicine finds rehabilitation superior to surgery

RESEARCH SUGGESTS ATHLETIC **GROIN PAIN LINKED TO PELVIC** BIOMECHANICAL OVERLOAD.



SUPPORTS 9 WEEK RETURN TO PLAY BASED, FASTER IN RESIDENTIAL ATHLETES TO 4 WEEKS

www.sportssurgeryclinic.com