



SPORTS SURGERY CLINIC

*Specialists in Joint Replacement, Spinal Surgery,
Orthopaedics and Sport Injuries*

**SPORTS
MEDICINE
DIGITAL
CONFERENCE**

**RETURN
TO
PLAY
IN
ELITE
SPORT**
14-15 NOV 2020

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SPORTS SURGERY CLINIC

**SPORTS
MEDICINE**



SPEAKERS / KEYNOTE

Dr Clare Ardern Editor in Chief JOSPT
“Challenges and pitfalls in return to play in elite sport”

SESSION 1 / KNEE



Mr Ray Moran Director of Medicine
Sports Surgery Clinic, Dublin, Ireland
“Surgical considerations in ACL Reconstruction in the elite athlete”

Mr Charlie Brown Orthopaedic Consultant
International Knee and Joint Centre, Abu Dhabi, UAE
“Surgical considerations in meniscal and chondral pathology in the elite athlete”

Dr Enda King Head of Performance
Sports Surgery Clinic, Dublin, Ireland
“Role of 3D biomechanical analysis in RTP after ACL Reconstruction”

Emidio Pacecca Rehabilitation Co-Ordinator
New England Patriots, NFL, USA
“ACL Rehabilitation and RTP in the National Football League (NFL)”

Professor Grethe Myklebust Sports Physiotherapist
Oslo Sport Trauma Research Centre, Norway
“ACL Prevention in Elite Handball”

SESSION 2 / SPINAL



Dr Neil Welch Head of SSC Lab
Sports Surgery Clinic, Dublin, Ireland
“Strength and power profiling in the management of elite athletes with low back pain”

Alex Kountouris Sports Science and Sports Medicine Manager Cricket, Australia
“Management and RTP of low back pain in elite cricketers”

Kate Davis Head Physiotherapist
Birmingham Royal Ballet, UK
“Management and RTP of low back injury in elite dancers”

Dr Fiona Wilson Associate Professor
Trinity College Dublin, Dublin, Ireland
“Management of low back pain in elite rowers”

Colm Fuller Head of Rehabilitation
Sports Surgery Clinic, Dublin, Ireland
“Management and RTP of cervical injury in elite rugby”

SESSION 3 / FOOT AND ANKLE



Mr Johnny Mc Kenna Orthopaedic Consultant
Sports Surgery Clinic, Dublin, Ireland
“Surgical management of the unstable ankle in elite sport”

Professor James Calder Orthopaedic Consultant
Imperial College, London, UK
“Surgical management of chondral injury in the ankle in elite athletes”

Colin Griffin Strength and Conditioning Coach
Sports Surgery Clinic, Dublin, Ireland
“Strength and biomechanical analysis in the management of foot and ankle injury”

Lorena Torres Performance Director
Philadelphia 76ers, NBA, USA
“Management and RTP of foot and ankle injury in the National Basketball Association (NBA)”

SESSION 4 / SHOULDER AND ELBOW



Mr Hannan Mullett Orthopaedic Consultant
Sports Surgery Clinic, Dublin, Ireland
“Surgical management of the unstable shoulder in elite sport”

Professor Roger Van Riet Orthopaedic Consultant
AZ Monica, University of Antwerp, Belgium
“Surgical management of elbow injuries in elite sport”

Edel Fanning Specialist Physiotherapist Shoulder
Sports Surgery Clinic, Dublin, Ireland
“Role of 3D biomechanical analysis in the management of the athletic shoulder”

Jane Carre Athlete Health Lead
British Swimming, UK
“Management and return to performance of shoulder pain in elite swimming”

Professor Nicola Phillips Professor in Physiotherapy
School of Healthcare Sciences, Cardiff University, UK
“Management and RTP of shoulder reconstruction in elite rugby”

SESSION 5 / ATHLETIC HIP AND GROIN



Dr William C. Meyers Abdominal/Groin Surgeon
Vincera Institute, Philadelphia, USA
“Surgical management in athletic groin pain”

Dr Andy Franklyn Miller Director of Sports Medicine
Sports Surgery Clinic, Dublin, Ireland
“Non-surgical management of athletic groin pain”

Sam Baida Specialist Physiotherapist Groin
Sports Surgery Clinic, Dublin, Ireland
“Role of 3D biomechanics in the management of athletic hip and groin pain”

Eric Renaghan Strength and Conditioning Coach
St. Louis Blues, NHL, USA
“Management of hip and groin injury in the National Hockey League (NHL)”

SESSION 6 / SOFT TISSUE BLK BOX

Andrew Wallis Head of Medical
St Kilda Football Club, Australia
“Management of hamstring injury in Australian Rules Football”

Steve Kemp Lead Men's Physiotherapist
English FA, UK
“Management of quadriceps injury in elite football”

Professor Fares Haddad Professor of Orthopaedic and Sports Surgery
Institute of Sport Exercise and Health, London, UK
“Surgical management of hamstring and rectus femoris tendons in elite sport”

Dr Håkan Alfredsson Orthopaedic Surgeon
Alfredson Tendon Clinic, Malmö, Sweden
“Surgical management of chronic lower limb tendinopathy in elite sport”