ORTHOPAEDIC AND SPORTS MEDICINE CONFERENCE NOVEMBER 2026 - PRESENTED BY UPMC

CROKE PARK - SATURDAY, 7 NOVEMBER 2026

AGENDA

8:00 to 8.30 a.m.	**Registration and Networking Breakfast** *Enjoy breakfast and coffee while meeting UPMC's clinical teams from Ireland and the U.S.*
8:30 to 8.35 a.m.	Welcome
8.35 to 8:45 a.m.	**International Keynote** **Dr. Steven Rabuck** *Consultant Orthopaedic Surgeon & Head Team Physician for the University of Pittsburgh Football Team*

SESSION 1

8:45 to 9:05 a.m.	**Bridging the Gap: How Biomechanical Assessment Informs Targeted Rehabilitation Strategies** Dr. Enda King *Visiting Professor, University of Leeds and Consultant Physiotherapist*
9:05 to 9.25 a.m.	**Ankle Injuries - The Athlete and Primary Care** Mr. Johnny McKenna *Consultant Orthopaedic Surgeon, UPMC Sports Surgery Clinic*
9:25 to 9.45 a.m.	**Management of ACL and Knee Ligament Injury** Prof. Brian Devitt *Consultant Orthopaedic Surgeon, UPMC Sports Surgery Clinic*
9:45 to 10:05 a.m.	**Radiology in Sports Medicine** Dr. Barry James *Consultant Radiologist, UPMC Sports Surgery Clinic*
10.05 to 10:30 a.m.	**Fireside Chat - An Athlete's Story - The prevalence of female ACL injuries and elite athlete care. Aimee Mackin, Armagh & Dr. Elizabeth Herrman** *(Team Physician for the Pittsburgh Panthers)*
10:30 to 10:50 a.m.	**BREAK**



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SESSION 2

10:50 to 11.00 a.m.	**Research at UPMC: The Cornerstone of Clinical Excellence** Dr. Orla Deegan, PhD *Head of Orthopaedic and Sports Medicine Research, UPMC Sports Surgery Clinic*
11.00 to 11.20 a.m.	**Rotator Cuff Repair for Primary Care Providers** Dr. Steven Rabuck *Consultant Orthopaedic Surgeon & Head Team Physician for the University of Pittsburgh Football Team*
11.20 to 11.40 a.m.	**Reducing Recurrence and Optimising Recovery through Collaborative Sports Medicine** Prof. Cathal Moran *Consultant Orthopaedic Surgeon, UPMC Sports Surgery Clinic*
11.40 to 12:15 p.m.	**Fireside Chat - An Athlete's Story - From All-Ireland Glory to Concussion Recovery with former Clare hurler Shane O'Donnell**
12.15 to 12:20 p.m.	**Closing Remarks**

4 X BREAK-OUT SESSIONS 12.20 - 2.20 P.M

Each delegate will be allocated a group and will rotate between sessions.

FOOT & ANKLE **30 mins**	**Strength and Biomechanical Profiling of the Foot-Ankle Complex** Dr. Colin Griffin, PhD *Strength and Conditioning, UPMC Sports Surgery Clinic*
HIP **30 mins**	**Hip Strength Profiling After Injury: Capacity vs Coordination** Dr. Sam Baida, PhD *Head of Rehabilitation at UPMC Sports Surgery Clinic*
CONCUSSION **30 mins**	**The Concussed Patient: Assessment, Rehabilitation and Return to Activity** Dr. Michael Ryan *Consultant Sports and Exercise Medicine Physician, UPMC Sports Surgery Clinic* Derek O'Neill *Physiotherapy Manager, UPMC Sports Medicine, Waterford*
DIAGNOSTICS & INJECTIONS **30 mins**	**Ultrasound Diagnostics and Ultrasound-Guided Injections** **Dr.** Barry James *Consultant Radiologist, UPMC Sports Surgery Clinic* Dr. Paul Dobbelaar *Consultant Sports and Exercise Medicine Physician, UPMC Sports Surgery Clinic*
2.20 p.m.	**LUNCH**



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